

Ultimate Disney Packing List for Kids (2025)

Clothes (Per Child)

- 4-6 t-shirts (moisture-wicking if possible)
- 2-3 shorts
- 1 pair of pants or leggings
- Hoodie or zip-up jacket
- Rain poncho or compact umbrella
- 5-6 pairs of underwear & socks
- Swimsuit and flip flops (for pool days or water rides)
- Comfortable walking shoes (already broken in!)

Health & Safety

- Refillable water bottle (Disney has free water stations)
- Kids' sunscreen (spray & stick combo is great)
- Mini first aid kit (band-aids, blister pads, pain reliever)
- Hand sanitizer and wipes
- Kids' medications in labeled containers
- Travel-size tissues

Park Day Essentials

- Autograph book & pens
- Small plush toy or comfort item
- Fan or cooling towel
- Mini snacks (granola bars, crackers)
- Sunglasses or hat
- ID bracelet with parent's contact info
- Glow sticks (great at night and cheaper than park versions)

In-Transit Distractions

- Activity books
- Tablet with downloaded movies
- Headphones
- Small toys or fidget items
- Neck pillow or cozy blanket for flights/car rides

For Parents (Don't Forget)

- Park tickets / MagicBands
- Portable phone charger
- Ziplock bags (wet clothes or snacks)
- Laundry bag or plastic shopping bag
- Extra outfit in case of spills or accidents